



March 2017

### Mission Statement

*The mission of Search for Change, Inc. is to improve the quality of life and increase the self-sufficiency of individuals with emotional, social and economic barriers. This is accomplished by providing the direct support and assistance needed to enable individuals to reach their full potential.*

## **HAPPENINGS at Search for Change**

*Celebrating 40 Years as a premier psychiatric rehabilitation agency!*

### **Residential is Recertified!**

*Contributed by Ashley Brody, CEO*

Representatives of the New York State Office of Mental Health (OMH) recently visited Search for Change in order to recertify its licensed residential programs, and we are very pleased to report each program was awarded a three year (36-month) licensure renewal!

SFC's Congregate and Apartment Treatment Programs are licensed by OMH and must comply with a variety of operating guidelines in accordance with this licensure. These guidelines ensure our programs meet minimum quality assurance standards with respect to service delivery, facilities management, documentation and billing, among many others.

Our residential staff, supervisors and managers work tirelessly to promote our residents' recovery while meeting the many requirements levied on them by OMH and other regulatory authorities. This achievement is a testament to their diligence and dedication. The Board of Directors and Management of SFC wishes to thank and congratulate them for this remarkable accomplishment!

### **Larchmont Steps Back in Time**

*Contributed by Christina Miller*

The residents from Larchmont stepped back in time and were invited by the king from Medieval Times to enjoy a valiant competition of skills. The residents spectated a jousting tournament, falconry exhibition, and sword fights between knights from different kingdoms.



They feasted on garlic bread, hot "dragon's blood-soup" (tomato soup), roasted chicken, corn on the cob, a seasoned potato, and a delicious pastry from the king's bakery.

Residents cheered on their knight from the yellow kingdom, but alas their knight was defeated.

### **Holiday Season in Mahopac**

*Client Contribution: B.W. Juachon*



So before we knew it, the holidays arrived. With them came the decorations, the cheer, and the flurry of activity. Of course, this is all normal at the Mahopac unit; staff and clients alike are always accommodating, willing. Sure, we handle our share of setbacks and difficulties, endure the fatigue of uncertainty, but we continue moving forward as best we can.



After all, they don't call this the Mahopac 'unit' for nothing. It is, however, not the destination we seek — the end as it were — but the journey we travel that matters the most. Which, for us as individuals, is unique in each case and to a degree separate from that of the others, yet, nonetheless, is still a path we all travel; we share.

And with the seasonal transition — the frigid air, the fading light, and the falling foliage — our meandering footsteps led us back to the unit for holiday gatherings. On two occasions — once in November and another in December — we assembled and mingled to enjoy scrumptious meals provided for by staff, complete with festive china — as popular as ever. Naturally, there were leftovers, which proved to be an added bonus for those happy to take them home.



Indeed, we were all fortunate enough to go home full to rest our weary selves. The holidays are always a busy time — sometimes too busy — but this past season we came together, filled our plates, our cups, and spread a little holiday cheer; spread a little appreciation for the unit.



### News from Larchmont

Contributed by Paul Lombardo

#### CIRQUE DU SOLEIL.



Cirque Du Soleil Kurios  
November 19, 2016

The Larchmont staff transported the group to Randall's Island in Manhattan to see Cirque Du Soleil's Kurios show.

The show featured acrobats, jugglers, trapeze artists, contortionists, and aerial stunts.

The show was fantastic and the group marveled at the costumes and performance.



#### HARLEM GLOBETROTTERS

Harlem Globe Trotters  
February 7, 2017

Staff and several of the CTP and ATP residents attended a Harlem Globetrotters' game at the Westchester County Center.

The residents enjoyed some concession stand snacks and watched the Globetrotters beat the All Stars.

The residents reported having a good time and thought the show was funny and entertaining.



### Westchester Arts Grant Projects

Contributed by Charlotte Friedlander

Residents from Wyndover, Scarsdale, and Mamaroneck created some amazing pieces of jewelry made mostly from hand-made beads created from old magazine pictures.

We added plastic and wood beads and some feathers. So now we have fashionable jewelry to wear or gift during the holiday season.

Our giant dream catcher was a group project where we kept knotting to create a web that will catch bad dreams. We then strung beads with feathers to filter out good dreams

